

Breakfast Cocktail Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D (mcg)	Calc % DV	Iron % DV	Pot % DV
Mosas (120 - 360 Cals)																
Fresh Squeezed 'Mosa	1 glass	150	0	0	0	0	5	16	0.25	12	0	1	0	2	6	6
Fresh Squeezed 'Mosa	1/4 carafe	260	0	0	0	0	10	31	0.5	23	0	2	0	4	6	10
Razz 'Mosa	1 glass	190	0	0	0	0	5	25	0.25	21	0	1	0	2	0	6
Razz 'Mosa	1/4 carafe	360	0	0	0	0	10	43	0.37	36	0	1	0	2	6	8
Pom 'Mosa	1 glass	200	0	0	0	0	0	28	--	23	--	0	--	0	0	--
Tropical 'Mosa	1 glass	230	0	0	0	0	20	32	--	30	0	1	0	2	0	4
Sweet Tea 'Mosa	1 glass	120	0	0	0	0	10	9	0	7	6.13	0	0	2	0	0
'Mosa, Flight for 4	1/4 flight	310	0	0	0	0	30	43	0.12	36	11.5	1	0	2	6	4
'Mosa, Flight for 1	1 glass	300	0	0	0	0	30	43	0.12	36	11.5	1	0	2	6	4
Beer 'Mosa	1 glass	140	0	0	0	0	5	24	0.37	16	0	2	0	2	0	8
Not Your Normal Mimosa	1 glass	190	0	0	0	0	30	26	0.06	23	17.75	0	0	2	0	2
Hot Pours (130 - 270 Cals)																
Irish Coffee	1 glass	130	0	0	0	0	0	0	--	0	--	0	--	0	0	0
#inedacoffee	1 glass	180	0	--	--	--	0	29	--	29	--	0	--	--	--	--
Triple Threat Coffee	1 glass	250	0	0	0	0	0	29	--	29	--	0	--	0	0	0
Java-Chata	1 glass	180	0	--	--	--	0	29	--	29	--	0	--	--	--	--
Grown-Up Hot Chocolate	1 glass	270	1.5	1	0	0	240	48	1	46	13	2	0	8	10	6
The Ultimate Hot Chocolate	1 glass	270	1.5	1	0	0	240	48	1	46	13	2	0	8	10	6
Double Trouble Hot Chocolate	1 glass	270	1.5	1	0	0	240	48	1	46	13	2	0	8	10	6
Rias & 'Ritas (260 - 280 Cals)																
Sunrise Sangria	1 glass	260	0	0	0	0	5	24	0.19	21	6.6	1	0	2	0	4
Morning Margarita	1 glass	280	0	0	0	0	0	22	0.19	19	6	1	0	2	2	5
Peachy Keen Sangria	1 glass	280	0	0	0	0	5	32	0	30	13.2	0	0	0	0	0
Mix It Up (160 - 350 Cals)																
Gin N' Juice	1 glass	160	0	0	0	0	0	6	0.12	5	0	0	0	0	0	4
Breakfast Bedlam	1 glass	300	0	0	0	0	0	42	0.25	39	0	1	0	2	2	7
Maple Mayhem	1 glass	350	0	0	0	0	5	57	0	54	0	0	0	4	0	3
Madras	1 glass	200	0	0	0	0	15	18	0.12	16	9.75	0	0	0	0	2
Tequila Sunrise	1 glass	210	0	0	0	0	0	27	0.09	25	21	0	0	0	0	2
Vanilla Sky	1 glass	210	0	0	0	0	0	27	0.09	25	21	0	0	0	0	2
Sea Breeze	1 glass	200	0	0	0	0	20	18	--	17	14	0	--	0	0	2
Royal Peach	1 glass	160	0	0	0	0	0	6	0.12	5	0	0	0	0	0	2
Georgia Sweet Tea	1 glass	160	0	0	0	0	5	8	0	8	7.66	0	0	0	0	0
Bloodies (160 - 320 Cals)																
Classic Bloody Mary	1 glass	250	4.5	1	0	5	1980	14	0.64	9	8	1	0	2	6	4
Charcuter-Marie	1 glass	320	10	3	0	25	3520	13	0	7	6.67	9	0	2	6	2
Bloody Beer	1 glass	160	1	0	0	0	1160	18	0	5	5.33	1	0	2	0	2